# monday menu

per roll \$3.50

\$2.00

# Fried Rice we make it ourselves, delicious!! \$5.00

- Pork (gf) -
- Vegetarian (gf)
- Vegan (gf)

#### Sushi (pre-order only)

Chicken, Tuna or Avocado

#### Sushi Bento Box (pre-order only) \$8.00

Includes 1 sushi roll, edamame beans, rice crackers, homebake & fruit



Plain Sandwiches (on wholemeal	bread)
Chicken & Salad	\$5.00

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Ham & Salad	\$5.00
Salad	\$3.50
Ham & Cheese	\$3.50
Ham	\$3.00
Egg Mayonnaise	\$3.00
Cheese	\$2.50
Vegemite	\$2.50

#### Toasted Sandwiches (on wholemeal bread)

Cheese	\$3.00
Ham	\$3.50
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50

## **Salads**

Savoury Scrolls	\$3.00
Garden Salad with Chicken	\$5.50
Garden Salad with Ham	\$5.00
Garden Salad with Cheese	\$4.50
- Lettuce, cherry tomato, cucumber & grated carrot	\$3.50
Garden Salad:	

### **Savoury Scrolls**

**Cheesy Vegemite Scroll** Pizza Scroll

#### **Garlic Bread**

Garlic butter in a wholemeal bun

#### **Snack Boxes**

Dip Box	\$4.00
Hummus with rice crackers (gf) carrot	
and cucumber sticks	
Veg Box	\$3.00
Cherry tomatoes, carrot and cucumber sticks	

Snacks	
Rice Crackers	\$1.00
Popcorn	\$1.00
Corn on the Cob	\$1.00
Lightly Salted Boiled Egg	\$1.00
Piece of Fresh Fruit	\$1.00
Fruit Salad Box Mix of fresh seasonal fruit	\$4.00
Apple Slinky	\$1.00
Banana Bread	\$2.50
Berry Yoghurt Crunch Greek yoghurt topped with berry coulis and crunchy granola (nut-free)	\$3.50
Berry Yoghurt Greek yoghurt topped with berry coulis	\$3.00
Homebake Delicious freshly baked treats supplied by our wonderful volunteers	\$2.00
Drinks	
Emma and Tom's Fruit Juice Cloudy Apple, Orange, Pineapple or Karma Rama	\$3.50
Emma and Tom's Flavoured Milk Chocolate or Strawberry	\$3.50

Tropical Juice Popper	\$2.50
Water	\$2.00