Focus: Children understand that everyone is nervous or anxious when learning new skills. It is important to be brave and try. By having a go and becoming better, we also gain confidence and remain positive.

Looks Like
- Students taking risks and trying new things
- Students being positive towards each other – encouraging
- Students coping with situations when they don’t always turn out as planned

Sounds Like
- Students using positive language (not using ‘I can’t’)
- Students encouraging each other

Feels Like
- Students understand that everyone feels scared when trying new things
- “Having a go” will make you feel better about yourself