Help Is At Hand

Focus:
To ensure that students are encouraged to talk to someone they trust to help solve an issue or to share a concern. It is important to remind students about their bank of social skills to reinforce strategies they have already learned.

Looks Like
Students tell trusted friends or adults about any problems or issues that are continuing eg bullying

Sounds Like
Students are retelling all the details of the incident / problem to a trusted friend or adult

A trusted friend or adult listening and reminding students about ‘deal or no deal’

Feels Like
Students feeling in control of the situation when they are reassured by the person they go to for help

Students feeling in control of the situation when they know what action to take (eg deal or no deal)